



## League News

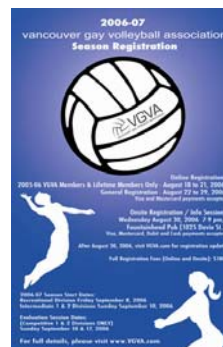
August 2006

### Registration for the 2006-2007 Season is Open!

Early registration for returning members from the 2005-2006 season is complete and registration is now open to the general public. Don't forget to register and invite your friends to do the same.

[Register online](#) or join us at The Fountainhead Pub on August 30 from 7 - 9pm for an info session and to register.

See you on the courts!



### New Newsletter, New Name!

Our new monthly newsletter needs a new name and we want your help!

[Email](mailto:bryan@vgva.com) your suggestions to [bryan@vgva.com](mailto:bryan@vgva.com) by August 31, 2006 for your chance to win free individual entry to our Spring One-Day Tournament.

**ENTER**  
**CONTEST**

The winning entry will be chosen by the VGVA Board, the entrant must be registered for the 2006-2007 season and the prize is non-transferable.

### Competitive (C1 & C2) Evaluations Information

Evaluation Sessions for the upcoming 2006-2007 season will be held on Sunday September 10 and 17, from 11am to 7pm at the Jericho Hill Gym. They will run by an Evaluation Coordinator, hired by VGVA.

The format will be the same as last year, but a few small changes have been made based on feedback from last year to make the process faster and to improve some of the drills. Core and specialized skills will be assessed through a series of drills, with a 4-on-4 game-play component.

The times for each specialized position will be the same both weeks:

- Powers 11am to 2:15pm
- Setters 2:30-5pm
- Middles 5-7pm

Players must arrive at the gym at least 30 minutes prior their evaluation session to register and warm-up. Players will only be able to be evaluated for one position for the 2006-2007 season.

To remove your name from our mailing list, please reply to this message with the subject UNSUBSCRIBE.  
Questions or comments? E-mail us at [france@vgva.com](mailto:france@vgva.com).